

NorCal NAWGJ Presents:

***2016 Xcel Critique Meet  
And  
Xcel Roundtable Discussion***

Saturday, December 10, 2016

Meet Site:

***Edge Gymnastics***

6780 Sierra Ct. Suite K

Dublin, CA 94568

**Entry Fee: \$95 per gymnast**

Each athlete will receive a written critique on each event.

Judges will be available to answer questions during and after the meet.

This meet is meant to be informal.

No awards will be presented.

Gymnasts are not required to show full routines on all events.

This is a USAG sanctioned event.

**Entry Deadline:** Thursday, October 20, 2016 or when full.

**Refund Deadline:** Friday, November 4, 2016

Spectator Admission: \$10 (7 years old & up); 6 years old & under free

NAWGJ Rated Judges and USA Gymnastics Certified Coaches receive FREE admission to Roundtable Discussion!

Please see the NorCal Coaches Site for entry forms:

<http://www.norcalgym.org/>

Questions??? (Coaches ONLY) Please contact:

Penny Moyce-**Meet Director** [ABSBmom@aol.com](mailto:ABSBmom@aol.com) or 650-591-8734

Dona Jones-**Xcel Roundtable Clinician** [donagenejones@gmail.com](mailto:donagenejones@gmail.com)

This meet will fill very quickly. Don't delay...register early!